



## 11th run4change Charity Run at Sihlhölzli, Sunday, April 2<sup>nd</sup>

Organizers	Rotary Club Zurich International (RCZI)
Event	Charity Run for runners, meeting place for friends and family to support the runners (food and drink available), entertainment for all
Date / Times	Sunday, <b>April 2<sup>nd</sup>, 2023, Registration: 10:00 / Mass Start 10:30 / Last Start: 12:30 / track open until 13:30</b>
Place	Sihlhölzli Sports Facility (Zurich, Kreis 3)
Registration / Info	Online at <a href="http://www.run4change.ch">www.run4change.ch</a> (until Saturday, April 1 <sup>st</sup> , 2023)
Worthy Cause	Make childrens' wishes come true. All the funds/proceeds are destined for Make-A-Wish Foundation Switzerland/Liechtenstein ( <a href="http://makeawish.ch">makeawish.ch</a> )



Runners at run4change

### How can you make a difference for families in difficult times?

- Register to take part in the event at [run4change.ch](http://run4change.ch)
- Before the run you find as many people willing to support you as possible: friends, relatives, neighbors, companies and/or clubs
- Each supporter should agree to donate a certain amount for each lap you complete (400m), or simply a lump sum (see form on page 2).
- You run or walk as many laps as you can on the day of the event.
- After the run, collect the donations from your supporters and send them to Rotary Club Zurich International via one of the options at [run4change.ch/donate](http://run4change.ch/donate)

### Who can take part?

Everyone is welcome to sign up: joggers as well as marathon runners, children and teenagers, Nordic walkers or strollers. What counts is your participation and the financial support you raise!

### Help grant the most heartfelt wishes of children living with a serious medical condition:

**Make-A-Wish Foundation** is all about providing unique and treasured moments to seriously ill children, to give them hope and strength to fight their illness, and moments full of love and happiness with their families. We will use 100% of the proceeds from [run4change 2023](http://run4change 2023) to fulfil these wishes. ([makeawish.ch](http://makeawish.ch)).

Please join us and help support this very worthy cause. Every donation goes directly to support Make-A-Wish with this project.

We look forward to welcoming you to run4change on April 2<sup>nd</sup> at Sihlhölzli!

Can't make it to Sihlhölzli on April 2<sup>nd</sup>? Then join us during the entire month of April on **viRACE** !

**Make-A-Wish**  
SWITZERLAND

★ Celebrating 20 Years of Wishes ★



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Name (Last, First).....  
 Street / No. ....  
 Postal Code / City.....  
 Birth Year / Gender (M/F) .....  
 Mobile .....  
 E-mail .....

Start Number\*

Number of Laps\*

\* These fields will be filled in by the organizer.

## Online Registration until Saturday, April 1st at [run4change.ch/event/run4change-2023](https://run4change.ch/event/run4change-2023)

For each completed 400m, your donors agree to give the amount shown in the list below and/or pledge a single lump sum donation. It is the responsibility of each runner to collect the promised amounts from each of the donors.

### Donor List (If necessary, please use another runner sheet for donor information)

	Name of Donor	E-mail	Donation per 400m (CHF)	Single Donation/Limit (CHF)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
			<b>Total:</b>	
			Total distance run (m)	
			Number of laps	
			Total donations (CHF)	

To transfer all donations collected via online banking, please use the following details:

**Payment concept:** run4change  
**IBAN:** CH11 0070 0110 0023 0028 3  
**Account holder:** Verein Gemeindienst RCZBI  
**Bank:** ZKB Zurich  
**SWIFT:** ZKBKCHZZ80A



### Please make sure to bring this sheet on Sunday, April 2<sup>nd</sup>, 2023 to run4change! Submit the form at the registration desk to receive a packet with information and a voucher for food and drink.

For questions please write to [info@run4change.ch](mailto:info@run4change.ch). Children under 18 require the signature of a parent or guardian.  
 By signing, I understand that insurance is the responsibility of the runner. The Event Organizer assumes no liability.  
 I also acknowledge that photographs will be taken at the event, and accept that RCZI may use my photo on the website run4change.ch.

Date ..... Runner's Signature .....

By ticking this box, I accept to receive emails regarding the run4change event and I understand that I may opt out of run4change subscriptions at any time.